## Spring Summer 24 South West Locality 1pEC

## EAT SMART WITH THE LUNCH BUNCH

**TUESDAY** 

**MONDAY** 



**FRIDAY** 

**THURSDAY** 

WEEKS SERVED	MONDAI	IOESDAI	WEDINESDAT	MORSDAT	FRIDAT
19 February 18 March 15 April 13 May 10 June 2 September 30 September	Golden Crumbed Fish Fingers	Beef Ragu Italia - Or -	Chicken Curry & Naan Bread	Roast of the Day, Stuffing & Gravy	Chicken Goujons & Sw eet Chilli Dip
	Freshly Baked Ham & Cheese Panini	Homemade Margherita Pizza	Baked Pork Sausages & Gravy	Quorn Dippers	Roast Mediterranean Vegetable Pasta Bake
	Baked Beans & Garden Peas Chipped / Baked Potato	Sweetcorn / Diced Carrots / Coleslaw Ov en Roasted Potato / Wedges / Rice / Salad	Garden Peas / Baton Carrots Boiled Rice / Mashed Potato  Arctic Roll and Peaches	Fresh Vegetables in Season Mashed / Oven Roast Potato  Homemade Brownie & Orange Wedges	Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes
	Homemade Flakemeal Biscuit	Mandarin Orange Sponge & Custard	7.00.0 1.0.0 4.0.0	Tromomado Bronnio a Grango Troageo	Fruit Muffin & Apple / Orange Juice
26 February 25 March 22 April 20 May 17 June 9 September	Golden Crumbed Fish Fingers - Or - Creamy Chicken & Broccoli Pasta with Garlic Bread	Homemade Cottage Pie - Or - Homemade Margherita Pizza	Chicken Curry & Naan Bread - Or - Beef Meatballs with Tomato & Basil Sauce	Roast of the Day, Stuffing & Gravy - Or - Chicken & Pepper Fajita	School "Chippy Day" Chicken or Fish Goujons / Sausages - Or - Baked Potato with Tuna &
	Sweetcorn & Roasted Peppers Chipped / Baked Potato / Coleslaw	Spring Greens / Butternut Squash Oven Baked Potato Wedges / Baked Potato	Green Beans / Baton Carrots Steamed Rice / Pasta Spirals	Fresh Vegetables in Season  Mashed Potato / Oven Roast Potato  Golden Krispie Square	Sw eetcorn / Salad Beans / Mushy Peas Chipped / Baby New Potatoes
	Ice-Cream, Pears & Chocolate Sauce	Summer Fruit Cheesecake	Sticky Date Pudding & Custard		Frozen Fruit Yoghurt
4 March 1 April 29 April 27 May 24 June 16 September	Baked Pork Sausages & Gravy - Or - Jerk Chicken & Caribbean Rice with Flatbread	Chicken Curry & Naan Bread - Or - BBQ Pulled Pork Pizza Wrap Sweetcorn / Baton Carrots	Breaded Fish & Lemon Mayo - Or - Beef Lasagne, Garlic Bread & Coleslaw	Roast of the Day, Stuffing & Gravy Or- Roast Butternut Squash, Penne Pasta and Tomato & Pesto Sauce	Beef Burger / Bean Burger in Bap w ith Onions - Or - Salt & Chilli Chicken
	Baked Beans / Garden Peas Chipped / Baked Potato	Boiled Rice / Oven Roasted Garlic & Paprika Wedges	Garden Peas / Diced Carrots Mashed / Baby Potato	Fresh Vegetables in Season Mashed Potato / Oven Roast Potato	Corn on the Cob / Pasta Salad Chipped Potato / Steamed Rice
	Ice-Cream & Two Fruits	Jaffa Cake Pots	Fruit Sponge & Custard	Fresh Fruit Salad & Yoghurt	Lemon Shortbread & Melon Wedge
11 March 8 April 6 May 3 June 26 August 23 September	Beef Bolognaise - Or - Chicken Goujon Wrap with choice of dip	Breaded Fish & Lemon Mayo - Or - Homemade Margherita Pizza	Chicken Curry & Naan Bread - Or - Chinese-style Beef & Vegetables	Roast of the Day, Stuffing & Gravy - Or - Salmon & Creamy Tomato Pasta	Hot Dog / Veggie Dog with Tomato Ketchup - Or - Chicken & Summer Veg Pie
	Sweetcorn / Broccoli Pasta Spirals / Mashed Potato	Mushy or Garden Peas / Baked Beans Chipped Potato / Baked Potato Raspberry Jelly & Two Fruits	Diced Carrots & Green Beans Noodles / Rice Fruit Sponge & Custard	Fresh Vegetables in Season  Mashed Potato / Oven Roast Potato  Pineapple Delight	Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes
	Chocolate & Orange Cookie	, , ,			Ice-Cream & Mandarin Oranges

**WEDNESDAY** 

**WEEKS SERVED**