

**HART MEMORIAL
PRIMARY SCHOOL**

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PERIOD DIGNITY

Dear Parents and Carers,

If your daughter has started having her period or starts during the school year, please tell her that there are sanitary towels available in the disabled toilet (the children know where this is – at the top of the senior corridor). They are in an open green container and beside them is a box with spare pants, if needed. Your daughter can go there herself or ask for help from myself, Mrs White or her class teacher. Please reassure her that we will be completely supportive and discreet.

Yours faithfully

J Shipley
Principal